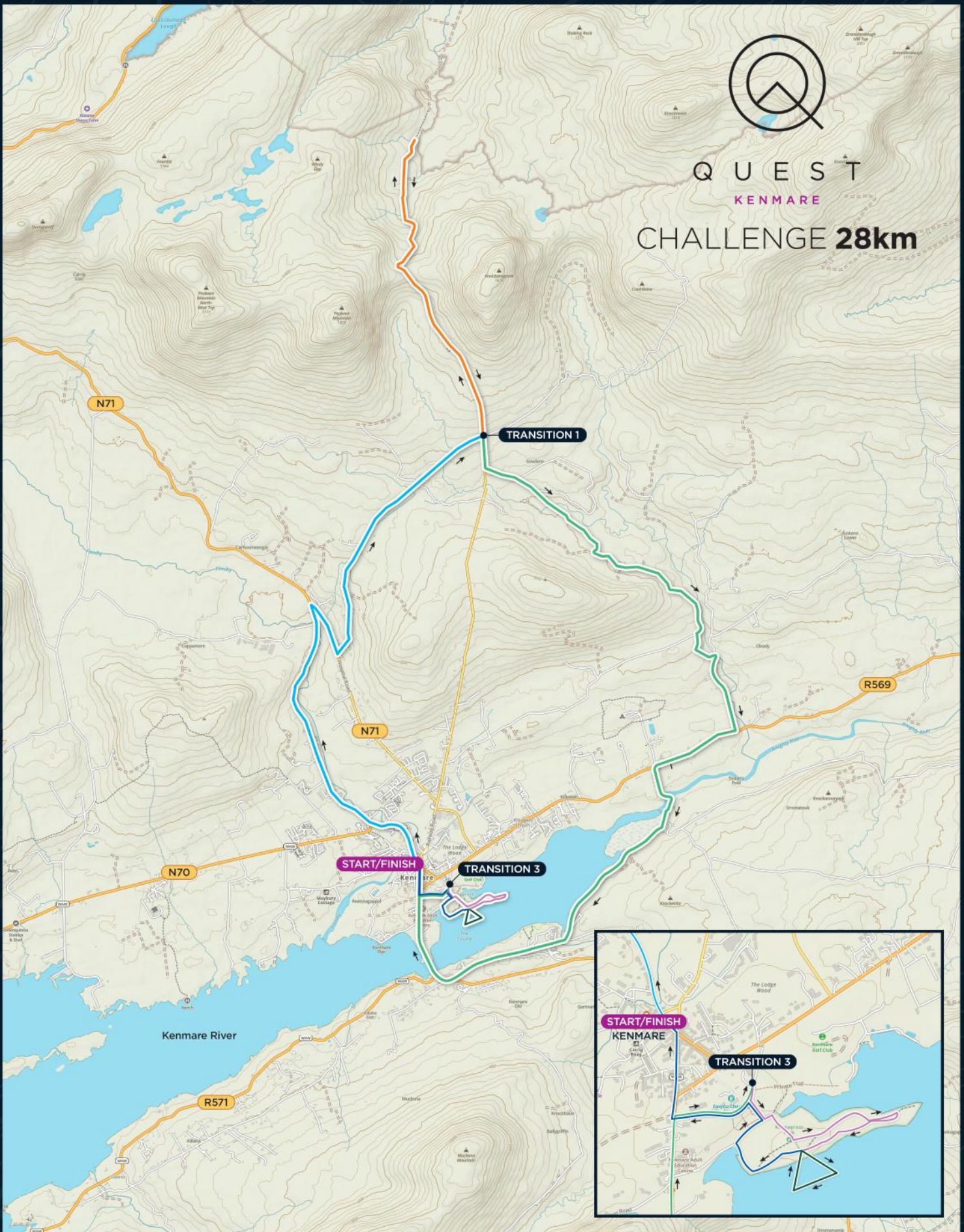
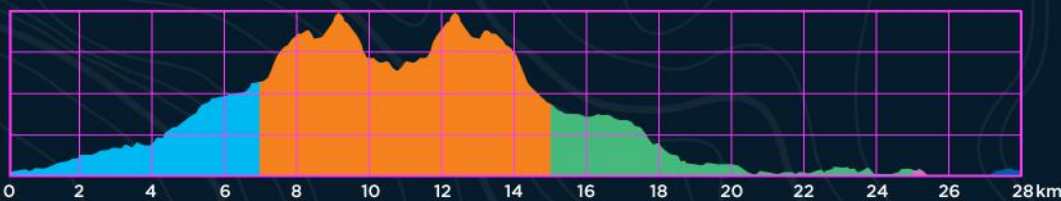




QUEST KENMARE CHALLENGE 28km



320m



	Stage 1: Cycle	7km
	Stage 2: Run	8km
	Stage 3: Cycle	10km
	Stage 4: Run	1km
	Stage 5: Kayak	1km
	Stage 6: Run	1.1km
	TOTAL	28.1km