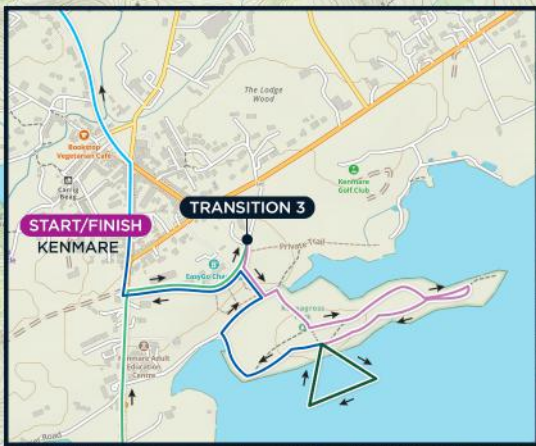
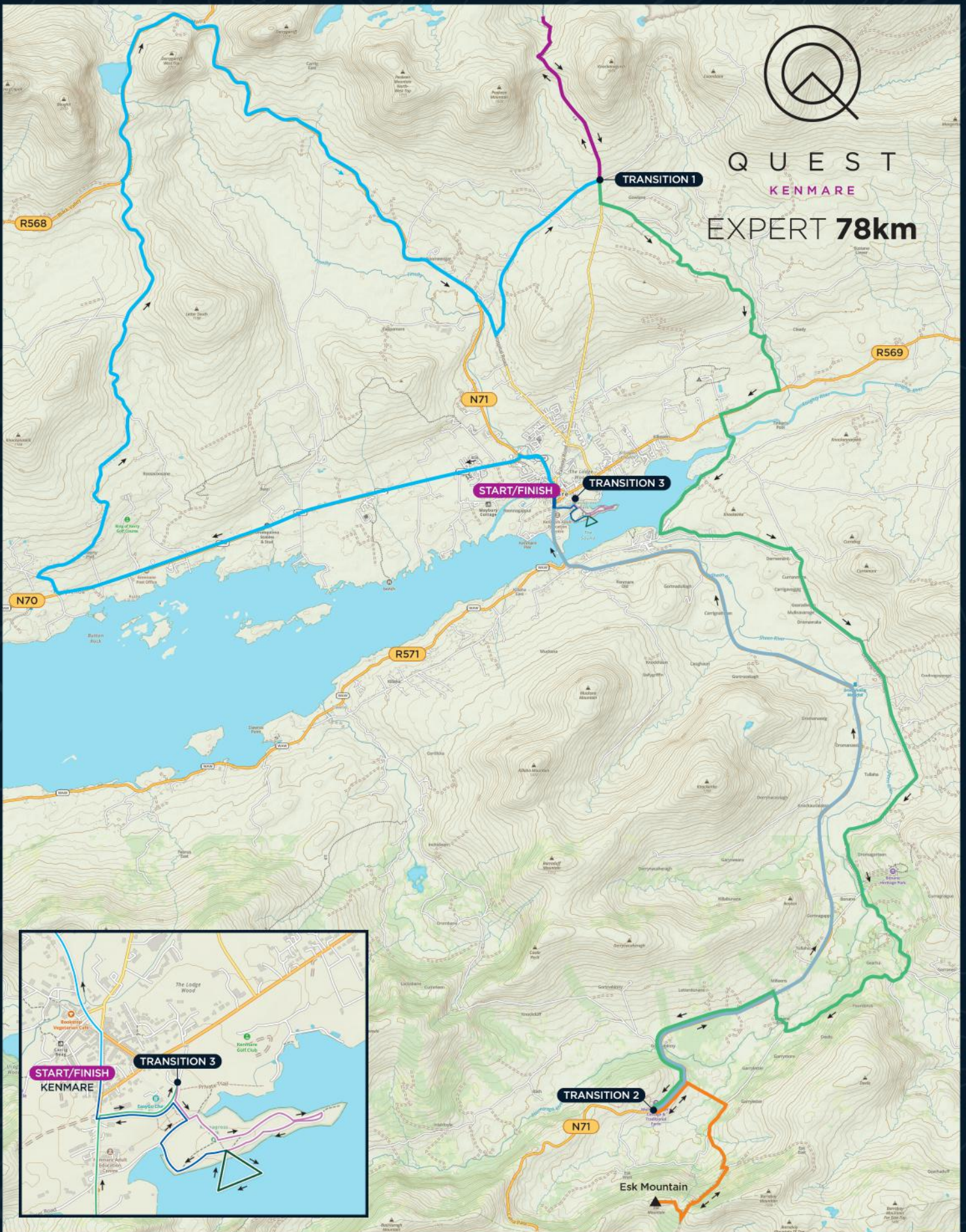




QUEST KENMARE EXPERT 78km



	Stage 1: Cycle	26km
	Stage 2: Run	7.5km
	Stage 3: Cycle	19km
	Stage 4: Run	8km
	Stage 5: Cycle	14.2km
	Stage 6: Run	1km
	Stage 7: Kayak	1km
	Stage 8: Run	1.1km
	TOTAL	77.8km